

**Contra Costa County Public Safety Support Services Association**  
**MEETING MINUTES**  
**January 2021 1000-1200 Hours**  
**Zoom Meeting**

**Call to Order:**

*Captain Chris Harder called the meeting to order at 10:18 hours*

**Pledge of Allegiance**

*Led by Captain Chris Harder*

***Guest Speaker*** *Inspirational message from Fire Chief Brian Helmick*

**Attendees:**

- *Jim Howard Retired CCCFPD Battalion Chief , Chris Harder Captain San Ramon Valley F.P.D. Captain, Dave Mullarky AMR, Joe Pratchard EBRP Chaplain, Mario Ferrer Chevron Fire Battalion Chief ,, Nick Vleisides Chaplain San Ramon Police and Fire, Contra Costa Sheriff Office, Lance Brashiers Firefighter East Contra Costa F.P.D., Brian Helmick Fire Chief East Contra Costa F.P.D, Earl Brown Lieutenant Crockett Fire, Chris Hummel Captain Contra Costa County F.P.D., Jon Bensley Captain MOFD, Nate Smith Engineer San Ramon Valley F.P.D.*

**Introductions:**

*All attending members via Zoom*

**Guest Speakers**

No other speaker

**Approval of Minutes:**

- Minutes approved as submitted

**Communication:**

- In regards to updating SB542 no changes, no further to report.
- AB1116 SB803 *Peer Support Specialist Certification Program Act of 2020*. Upcoming Peer Support Classes from the California State Fire Training titled Behavioral Health and Cancer Awareness 1A, 2A and 3A., no further to add at this time but we will keep you up to date as changes occur
- Contra Costa Training Officers Association, change in the treasurer position and other officers, Jim will be dealing with the treasurer to make sure everything stays the same with our group

**Officer Reports:**

**President**

- Data Collection, Survey Monkey sent out and needs everyone to report back, this data will help us when we report to Executive Chiefs, data will be assembled and given to Chief Helmick to report.

- Web page now costs \$20 per month, if we want to keep cccpsss.com we might have to change from godaddy and it might cost another \$10 for web hosting per month, we got approval to spend up to \$50 per month and with all costs above it will only be \$30 dollars a month and we will be under or maximum. Group agrees to keep cccpsss.com and move forward with the additional costs of a total of \$30 per month. We hope that we will be up and running by the next meeting with Dave, Jim and Chris all attending class to edit the webpage.

#### **Vice President**

- Training: KLOVE is trying to come and teach for us but they are restricted from all in person teaching at least through the first quarter because of state restrictions. They want to get us another GRIN class but will have to wait. Some virtual classes are available through [crisisresponse.org](http://crisisresponse.org)
- Been working with Fire Chaplains and Chief Cook. Chief Cook wants to come back in April to teach the essentials and advanced class but will need a minimum of 10 students for each class. Sounds like the group can get the minimum number of 10 students so Jim will move forward to set up the class

#### **Secretary/Treasurer**

- As of December balance in account \$966.18

#### **Committee Reports:**

##### **1. Training**

- Nothing further to add
- If someone can post the classes from [crisisresponse.org](http://crisisresponse.org) through groupme that would be appreciated. Website updates will be a future goal

##### **2. Website**

- Nothing further to add

##### **3. Team Selection**

- Nothing to report

##### **4. Peer Review**

- None

#### **Organizational Reports:**

1. **California Fire Chaplains:** Not Present, no updates
2. **KLOVE (Crisis Response Care):** Online Classes have now been posted, [www.crisisresponse.org](http://www.crisisresponse.org) for more information
3. **CPSA:** Not present, no updates
4. **10-33 Foundation:** Not present, no communication from them as of late
5. **California Fire Service Task Force on Behavioral Health:** Chief Atlas not present but reports continued progress with Task Force
6. **DRAN:** Not present, no updates

#### **Old Business**

- Nominations would have been in by now but we had no nominations for the Executive Board so the group elected to allow the current executive board to

continue for one year. The treasurer position that is currently being held by Dave Mullarky will more than likely will end at the end of the calendar year and we are looking for someone that would like to take over the position now or someone that can shadow for this year and take over the position at years end

## **New Business**

- New goals and objectives for 2021
  
- **Agency Reports-Activities**
  - **Fire**
    - **San Ramon Valley F.P.D. (Engineer Nate Smith)**
      - *CISM group didn't have a December meeting, Two defusings for the entire year but many 1;1 interventions, and December was a busy month, main focus is to get their membership numbers up, and try to keep those with training that are retired still on the team. Upcoming: Two year psychiatric evaluation for all members of the district to help maintain mental health as you would physical health.*
    - **Contra Costa County F.P.D. (Captain Chris Hummel)**
      - *Health and Wellness program being started with the department. All around shop for many issues that individuals deal with as a member of the organization. Still maintaining debriefings, about two a month and did a defusing for El Cerrito Fire yesterday*
    - **Moraga-Orinda F.P.D. (Captain John Bensley)**
      - *One defusing since last meeting, pediatric call and Nate Smith came to assist. 5 Trained members and 3 waiting to take the GRIN class.*
    - **East Contra Costa F.P.D. (Firefighter Lance Brashier)**
      - *Few one on one interventions and Cordico app is working well for the department*
    - **Crockett F.P.D. (Lieutenant Earl Brown)**
      - *One defusing for the last year, Father Robert Rien helped with that. Earl has been injured but getting back to work soon.*
    - **El Cerrito Fire** no representative
    - **Rodeo Hercules F.P.D. (Capt. Jack Clapp)** Not Present
    - **Piedmont Fire (Lt. Kevin Robinson)** Not Present
    - **Pinole Fire** no representative
    - **Alameda County F.P.D (BC Michael Abele Captain Paul Mahar)**
    - **Cal Fire SCU** no representative
    - **Fremont Fire (Andy Swartzall Clinical Nurse Educator)** Not Present
    - **Richmond Fire** no representative
    - **Chevron Fire (BC Mario Ferrer)**

- *Not dealing with anything other than emotional issues because of travel. Chevron Fire travels a lot and sometimes tough to deal with those issue dealing with other departments*
    - **EBRPD Fire** no representative
    - **Federal Fire** no representative
    - **Albany Fire (Chief Lance Calkins)** Not Present
  - **Law**
    - **San Ramon PD (Sergeant Rob Ransom)** Report by Nick Vleisides
      - *Expanding the team and added one more chaplain. Just had quarterly training.*
    - **CCCSO (John Rock)** Not Present
    - **CHP (Brandon Correia)** Not Present
  - **EMS**
    - **AMR (Dave Mullarky)**
      - *National Wellness program established and 2021 is the year for local implementation. We changed our name from CISM Team to Peer Support and Wellness AMR Contra Costa is getting a CISM therapy dog. Part of a growing population of dogs at individual operations all around the US with AMR*
  - **MHP**
    - **Mental Health (Colleen Pennington, PsyD)** Not Present
    - **Mental Health (Donn Bradley)** Not Present
    - **Mental Health DRAN (Nathan Schlitz)** Not Present
  - **Chaplain**
    - **San Ramon P.D. (Chaplain Nick Vleisides)**
      - *Been on over 50 calls this year for CISM Services, no incidents for Covid, things are going well with the team.*
    - **ECCFPD (Father Robert Rien)**
      - *See ECCFPD report*
    - **CCCSO (Chaplain Joe Pratchard)**
      - *Uneventful chaplaincy wise Joe has been doing well and healing well since surgery in December, not much to report since the last meeting.*
  - **Other**
    - **FBINAA (Janelle Cronk)** Not Present
    - **10-33 (Jim Wilson)** Not Present

**Action items:**

- *Continue to send data in for individual*
- *Let Streamline know that we want them to host our website, the board hopes to have the website up and running by the next meeting*
- *Nick will assist with collection of training opportunities*

**Good of the order:**

- *If anyone wants to check out ConFire Wellness program you can visit*

Instagram @confirehealthandwellness

**Next Meeting:**

**Date/s: March 9th, 2021**

**Time: 1000-1200**

**Location: CCCFPD Fire Training facility, 2925 Treat Blvd., Concord, CA.**

**Adjourn:**

***Meeting adjourned by President Chris Harder at 11:42***