



Firefighter Mental Health Resource List:

- Suicide in the Fire and Emergency Services Report: http://www.ncafc.com/files/ff_suicide_report.pdf
- Chaplain Programs: <http://firechaplains.org>
- National Programs on Suicide: www.suicide.org or 1-800-SUICIDE
- Firefighter Behavioral Health Alliance: www.ffbha.org
- National Suicide Prevention Lifeline: 1-800-273-TALK(8255)
- Counseling Service for Fire Fighters: www.csff.info
- American Counseling Association: www.counseling.org
- Safe Call Now: www.safecallnow.org or 1-206-459-3020. Safe Call Now offers a crisis referral program for police officers and firefighters experiencing mental health issues or other personal problems.
- National Fallen Firefighters Foundation: www.firehero.org Refer to their Everybody Goes Home Program and its sixteen Firefighter Life Safety Initiatives. Life Safety Initiative #13 is the Psychological
- Support Initiative which states “Firefighters and their families must have access to counseling and psychological support.”
- Fire Hero Learning Network class Stress First Aid for Fire and EMS Personnel: <http://www.fireherolearningnetwork.com>
- National Volunteer Fire Council: www.nvfc.org. Access free online trainings and resources focusing on behavioral health issues.
- American Addiction Centers: www.americanaddictioncenters.org or 888-300-3332. Provides first responders and their families with a toll-free, confidential phone line for immediate assistance with issues like substance abuse, stress, relationship problems, work-related concerns, and virtually anything disrupting a member’s work life and overall wellness.