

Contra Costa County Public Safety Support Services Association
MEETING MINUTES
January 14th, 2019 1000-1200 Hours
CCCFPD Fire Training facility, 2925 Treat Blvd., Concord, CA. 94518

Call to Order:

Captain Chris Harder called meeting to order at 1020 hours

Attendees:

East Contra Costa F.P.D. Chief Brian Helmick, Retired Contra Costa County F.P.D. Battalion Chief Jim Howard, San Ramon Valley F.P.D. Captain Chris Harder, Antioch PD/ECCFPD, AMR Dave Mullarky Chaplain Father Robert Rien, Donn Bradley, AMR Chad Newland, Piedmont Fire Dept. Lt. Kevin Robinson, Crockett Fire Earl Brown, Contra Costa County F.P.D. Captain Chris Hummel, DRAN Debra Roesler, Janelle Cronk FBINAA, San Ramon Valley F.P.D. Chaplain Nick Vleisides, Bay Area CISM Nick Arnett

Pledge of Allegiance

Led by Captain Chris Harder

Introductions:

All attending members.

Guest Speakers

None

Approval of Minutes:

- Father Robert Rien asks for amendment in section Direct Reports – Activities, under Contra Costa County F.P.D., 4th bullet point to have the word “to” changed to “two”
- Post amendment, Meeting minutes approved unanimously

Communication:

- Previously we had mentioned AB 1116 and that bill was vetoed by Governor Brown, (response is online) he believes that what was written was too broad and that there are other peer groups in the state operating independently and he wants to support what is currently out there.
- AB2333 – Office of Emergency Services: behavioral health response, no new updates that we know of.

Officer Reports:

President

- Captured in new business.

Vice President

- Statistical Data is needed from each group leader. Please compile CISM intervention data and send to Chief Howard in an email so we can compile data for the entire group.

Secretary/Treasurer

- Past Secretary Treasurer Jim Howard gave this report: We have 204.17 as of today in account. Chief Helmick will bring expense report and statistical data compiled by board to Executive Chiefs Board to see if we can get a stipend for this year. Expenses have been low due to generous donations of rooms, meals and educators for classes at no cost.

Committee Reports:

1. **Nomination:** *none*
2. **Training**
 - 2019 Training Schedule (copy handed out) from K-Love and Fire Chaplains on the list. This list is fluid and more classes can be added to this list.
 - Board has been working with 10-33 Foundation and will be putting on a spousal class in April and we are currently working on logistics. Once class is finalized a date will be announced
 - Crisis Response does have classes this month in Vacaville and website shows low registrations so please push out to groups and sign up. Remember these classes are free.
3. **Website**
 - No recent website changes. Question presented to the group if we want to post classes to the website. Consensus from the group is for now not to post on the website and continue current internal marketing strategies to fill classes. Code for class sign up is CA2019.
4. **Team Selection**
 - Utilizing current process to call agency representatives and fill response teams through them.
5. **Peer Review**
 - None

Organizational Reports:

1. **California Fire Chaplains:** Not Present
2. **KLOVE (Crisis Response Care):** Not Present
3. **CPSA:** Planning a conference in the spring. Canceled annual conference last year.
4. **10-33 Foundation:** Jim Wilson unable to attend. Janelle received calls from fire representatives from the Camp Fire and they are really hurting and Jim will go up and assess. Board meeting on Jan 22nd.
5. **California Fire Service Task Force on Behavioral Health:** Not Present

Old Business

- Polo Shirts are in. We will work on getting shirts out to active members.
- Discuss development of Policy 12: Emotional and Spiritual Care, on goals and objectives for 2019 and Janelle Cronk would like to volunteer for this committee. Would like to establish committee in March meeting.

New Business

- 2019 Objectives: Chris Harder presented printed Goals / Objectives list and not all items discussed. Members to review items on this list and get back to the board if you have any questions
- Want to start networking with Assembly member Grayson on legislation regarding CISM
 - ❖ *Chief Helmick wanted to recommend to the board that we consult with the Executive Chief's Board before moving forward with conversations*

with Assembly Member Grayson since the board has multiple topics of conversation with him already. We also can possibly have the Executive Board present our agenda.

- *Update CCCPSSS Agency Representatives and their available members, Chris Harder will need a list of all members from all agencies. Please email Chris directly.*
- *Spousal Support Class, Working with 10-33 Foundation for possible April class.*
- *Mental Health Classes, still looking for MHP that would like to present to the group or offer a select class*
- *Review legal counsel suggestions, Recommendations from them will be reviewed by the board and sent out to representatives for review. At March meeting we will look for approval of those items*

1. Agency Reports-Activities

1. Fire

- **San Ramon Valley F.P.D.** (Captain Chris Harder)
 - No call outs, District is paying for more MHP help and upped EAP to 10 visits. Chris is in talks with Davis Fire and trying to help them set up their own CISM team. Also met with Vacaville Fire Chief and 1186 President to possibly help them start a group like ours.
- **Contra Costa County F.P.D.** (Captain Chris Hummel)
 - Two defusing's since last meeting, two training days this month for team members. A member got placement for West Coast Trauma Retreat and one other member currently being evaluated for later admission. Doing CMB / diffusing for administration because of recent Chief having legal issues. Funeral for Roger Harless this week.
- **Moraga-Orinda F.P.D.** Not Present
- **East Contra Costa F.P.D.** (Chief Brian Helmick & Captain Robert Ruddick)
 - Setting up training in February for the team and supporting Every 15-minute program and using that as an opportunity to set up a debriefing. Father Robert Rien has been brought into the fire department. Currently have 17 members of the team. Some peer to peer interventions, no defusing's or debriefings.
- **Crockett F.P.D.** (Lieutenant Earl Brown)
 - New Chief, meeting with him regarding setting up CISM
- **El Cerrito Fire** Not Present
- **Rodeo Hercules F.P.D.** (Capt. Jack Clapp) Not Present
- **Piedmont Fire** (Lt. Kevin Robinson)
 - Lots of changes within the department.
- **Pinole Fire** (Chief Koons)
 - Chief Helmick had spoken to Chief Koons and he wanted to personally thanks his group for helping during their time of need. This was a group call out to this event and multiple members participated.
- **Alameda County F.P.D** (BC Michael Abele Captain Paul Mahar)
 - Nick Arnett reported AMR employee suicide in ALCO, worked to help with CISM and HOPE dogs brought to events and were a great help.
- **Cal Fire SCU** Not Present
- **Fremont Fire** (Andy Swartzall Clinical Nurse Educator) Not Present
- **Richmond Fire** Not Present
- **Chevron Fire** (BC Mario Ferrer) Not Present
- **EBRPD Fire** (Lt. Mark Tait) Not Present
- **Federal Fire** Not Present
- **Albany Fire** (Chief Lance Calkins) Not Present

2. Law

- **CCCSO** (TBD)

- still waiting for name of new coordinator
 - **CHP** (*Brandon Correia*) Not Present
- 3. **EMS**
 - **AMR** (*Operations Manager Chad Newland / Supervisor Dave Mullarky*)
 - Chad Newland presented data for our CISM Team for 2018, please keep this data within the group. AMR this year to develop more stress management education for all employees and will be revisited quarterly.
- 4. **MHP**
 - **Mental Health** (*Colleen Pennington, PsyD*) Not Present
 - **Mental Health DRAN**
 - Debra Roesler specializes in EMDR and has worked extensively with West Coast Trauma Retreat.
- 5. **Chaplain**
 - **San Ramon P.D.** (*Chaplain Nick Vleisides*)
 - 10 chaplains within Fire and Police within his group
 - **ECCFPD** (*Father Robert Rien*)
 - Station visitations are continuing. Following up with families for three Con Fire Firefighter deaths
 - **CCCSO** (Chaplain Joe Pratchard) Not Present
- 6. **Other**
 - **FBINAA** (*Janelle Cronk*)
 - BLM and Cal Fire are combining for Train the Trainer class but the class has been postponed and to be rescheduled.
 - Janelle announced she is a founder of nonprofit called Uncrushed it is about breaking stigma for mental health.
 - **10-33** (*Jim Wilson*) Not Present

Action items:

- *Dave Mullarky will send out Data Collection template to agencies asking for data on individual CISM teams. This data will be archived for the group and used to bring to Executive Chiefs board.*
- *Establish committee for Policy 12: Emotional and Spiritual Care in March meeting.*
- *Board to review legal counsel suggestions of operations manual. Recommendations will be sent out to a minimum of one week in advance of March meeting. In March meeting we will look for approval of those items*
- *Asked Debra Roesler to speak on EMDR for 10-15 minutes in the next meeting.*

Good of the order:

- Chief Helmick wanted to mention that this group has evolved greatly over the last three years. He wanted to thank the incoming Board and all that attend. He is encouraged with our progress and looks forward to the future.
- Chief Howard wanted to mention that he was contacted after fire in Paradise. A sub-group dealing with mental health and peer support for this fire was led by the president of the Santa Rosa Local that we went out on last year. He brought real life scenarios up to them and shared what we had done to help them. He also knew that he could contact us at any time for help.
- Keep Captain Roger Harless and family in your prayers during their time of grief.
- Chris Harder is now part of a workgroup with International Association of Fire Chiefs for mental health and he will keep us updated

Next Meeting:

Date/s: March 11th, 2019

Time: 1000-1200

Location: CCCFPD Training Facility 2945 Treat Blvd., Concord, CA. 94518

Adjourn:

Meeting adjourned by President Chris Harder at 1222.