

ICISF Course Descriptions:

<http://www.icisf.org/sections/education-training/course-descriptions/>

## Course Descriptions

- Advanced Assisting Individuals in Crisis
- Advanced Group Crisis Intervention
- Assaulted Staff Action Program(ASAP): Coping with the Psychological Aftermath of Violence
- Assisting Individuals in Crisis
- Assisting Individuals in Crisis and Group Crisis Intervention
- Behavioral Aspects of Integrated Community Para-medicine
- Behavioral Emergencies: Survival Strategies for Emergency Services and Counselors
- Best Training Practices for the CISM Instructor
- Building Skills for Crisis Intervention Teams
- Changing Face of Crisis and Disaster Mental Health Intervention: A Competency-Based Update
- CISM Application with Children
- CISM Applications with Air Medical, Critical Care Transport and Airborne Law Enforcement
- CISM: When Disaster Strikes: Linking Emergency Management with Stress Management
- Compassion Fatigue
- Comprehensive Crisis Preparation & Response for the Workplace
- Corporate Crisis Response
- Critical Incidents in Places of Worship- Providing Effective Crisis Support
- Domestic Terrorism and Weapons of Mass Destruction: A CISM Perspective
- Early Intervention and Crisis Response in EAP and Behavioral Healthcare Settings
- Emotional and Spiritual Care in Disasters
- Ethics For Traumatologists
- Families and CISM: Developing a Comprehensive Program

- Family Psychological First Aid and Crisis Intervention
  - From Battlefield to Street: One Uniform to Another
  - From Trauma to Addictions
  - Grantwriting: A Management Strategy
  - Grief Following Trauma
  - Group Crisis Intervention
  - ICISF/NOVA Bridge Program
  - Law Enforcement Perspectives for CISM Enhancement
  - Line of Duty Death: Preparing the Best for the Worst
  - Managing School Crises: From Theory to Application
  - Pastoral Crisis Intervention
  - Pastoral Crisis Intervention I & II
  - Pastoral Crisis Intervention II
  - Preventing Youth Violence
  - Psychological First Aid
  - Psychotraumatology: A Cognitive Therapeutic Approach
  - Resilience in Healthcare: Performance, Meaning and Connection
  - Resilience Training: Psychological Survival Skills for Before, During & After Crises
  - Responding to School Crises: A Multi-Component Crisis Intervention Approach
  - Staff Support in the Healthcare Setting
  - Strategic Response to Crisis
  - Stress Management for the Trauma Service Provider
  - Suicide Awareness: An Introduction for Crisis Responders
  - Suicide Prevention, Intervention, and Postvention
  - TEAM: Team Evolution and Management
  - Techniques for Delivering Bad News for Crisis Response Personnel
  - Terrorism: Psychological Impact and Implications
  - Thought Field Therapy
  - Treatment of Complex PTSD
  - Understanding Human Violence: Survival Information for Emergency Services and Counselors
  - Working With Victims of Individual and Mass Crimes
- Workplace Violence

# Assisting Individuals in Crisis

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

## **Program Highlights**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Completion of “Assisting Individuals in Crisis” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

## **Continuing Education Information**

Two-Day Course: 8:30 a.m. – 4:30 p.m., 13 Contact Hours; 13 CE Credits for Psychologists; 13 PDHs for EAPs; 13 CE Hours for Calif. MFTs & LCSWs; 13 CE Credits for National Certified Addiction Counselors OR 1.3 General CEUs from UMBC

Continuing education information listed is only applicable when attending an ICISF Regional Conference.

# Assisting Individuals in Crisis and Group Crisis Intervention

This 3-day course combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses.

Please look closely at the times for this class since they vary from other classes being offered at ICISF conferences. Only those attending all hours of class will be issued certificates. Please plan travel accordingly.

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups.

Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

## **Program Highlights**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings

- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

Completion of “Individual Crisis Intervention and Peer Support” & “Group Crisis Intervention” and receipt of a certificate indicating full attendance (27 Contact Hours) qualifies as two CORE classes in ICISF’s Certificate of Specialized Training Program.

**Continuing Education Information**

Three-Day Course: 8:00 a.m. – 6:00 p.m., 27 Contact Hours; 27 CE Credits for Psychologists; 27 PDHs for EAPs; 27 CE Hours for Calif. MFTs & LCSWs; 27 Contact Hours for National Certified Addiction Counselors; OR 2.7 general CEUs from UMBC

Continuing education information listed is only applicable when attending an ICISF Regional Conference.

# Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

## **Program Highlights**

- Relevant research findings
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- “Resistance, resilience, recovery” continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD) Completion of “Group Crisis Intervention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

## **Continuing Education Information**

Two-Day Course: 8:30 a.m. – 5:00 p.m., 14 Contact Hours; 14 CE credits for psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 CE Credits for National Certified Addiction Counselors; OR 1.4 General CEUs from UMBC

Continuing education information listed is only applicable when attending an ICISF Regional Conference.

# Strategic Response to Crisis

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances. This course requires previous training and experience. ICISF's "Group Crisis Intervention" and "Individual Crisis Intervention and Peer Support" should be viewed as prerequisites.

## **Program Highlights**

- Strategic planning as it applies to crisis intervention
- National Incident Management System and crisis intervention
- Elements of Effective Planning
- Steps in Developing the Plan
- Planning process in assessing target populations
- Determining the type, timing and resources necessary
- Assisting large numbers of people involved in a crisis
- The most important crisis intervention tactics
- Managing a complicated or large scale crisis event

Completion of "Strategic Response to Crisis" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Two-Day Course: 8:30 a.m. – 5:00 p.m., 14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; OR 1.4 general CEUs from UMBC

Continuing Education information listed is only applicable when attending an ICISF Regional Conference.

# Suicide Prevention, Intervention, and Postvention

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many of crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention and postvention. Small group role plays will allow participants to apply the suggested techniques as they are learned.

This course is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress may all benefit.

## **Program Highlights**

- Common myths about suicide
- Risk factors for suicidal behavior
- Frequent motivations for suicide
- Problem solving methods
- Effective intervention strategies
- Elements of effective postvention
- Elements of survivor grief
- Community referral sources
- “Mini-lecture” on suicide
- Feelings and reactions of suicide survivors

Completion of “Suicide Prevention, Intervention and Postvention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

## **Continuing Education Information**

Two-Day Course: 8:30 a.m. – 5:00 p.m., 14 Contact Hour; 14 CE credits for psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs &



LCSWs; 14 CE Credits for National Certified Addiction Counselors; OR  
1.4 General CEUs from UMBC  
Continuing education information listed is only applicable when  
attending an ICISF Regional Conference.

# Emotional and Spiritual Care in Disasters

This advanced level course will enhance your skills to provide effective emotional and spiritual care (ESC) to meet the disaster-related needs of disaster responders and disaster affected families and individuals within disaster operations. This course builds on the crisis intervention principles taught in the Critical Incident Stress Management (CISM) core courses to effectively integrate these principles within ESC teams for appropriate care throughout the disaster continuum from the immediate to long-term recovery process.

This course is designed for trained clergy, chaplains, mental health professionals, and CISM trained crisis responders who desire to enhance their skills in providing Emotional and Spiritual Care to survivors of disaster and trauma.

Suggested but not mandatory prerequisites: Individual Crisis Intervention & Peer Support; Group Crisis Intervention; Pastoral Crisis Intervention.

## **Course Highlights**

- One's own faith tradition and ESC
- ESC & the Incident Command System
- ESC & disaster relief operations
- Physical, psychological, emotional impact of disasters
- Behavioral, interpersonal and spiritual impact of disasters
- Range of ESC interventions in the aftermath
- Suitability to provide ESC
- Maintaining health during deployment
- Deployment personal care plans
- Intervention and care giving concepts

Completion of "Emotional & Spiritual Care in Disasters" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a course in ICISF's Certificate of Specialized Training Program.

## **Continuing Education Information**

Two-Day Course: 8:30 a.m. – 5:00 p.m., 14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors;

OR 1.4 General CEUs from UMBC

Continuing education information listed is only applicable when attending an ICISF Regional Conference.